



# ELMONT UNION FREE SCHOOL DISTRICT











## APRIL 2010



Appropriate condiments will be offered daily.

Menu subject to change without notice.

See reverse side for breakfast menu.

Monday	Tuesday	Wednesday	Thursday	Friday	Lunch Prices
<b>NO SCHOOL SPRING RECESS</b>			1/ 	2/ 	Student Lunch  1.25 Reduced Price Lunch .25 Student Price Breakfast .80 Student Reduced Price Breakfast .25 Adult Price Lunch (Tax Included) 3.22 Adult Price Breakfast (Tax Included) 2.01 <b>Student A La Carte</b> Main Dish (SECOND ENTRÉE) Lunch .95 Main Dish (SECOND ENTRÉE) Breakfast .60 All Milk .55 Ice Cream .60 4 oz. yogurt  .60 Sun chips, Baked Lays .40 4 oz. 100% Fruit Juice .30 8 oz. 100% Fruit Juice .60 Bottled Spring Water (16.9 oz.) .50 Linden Cookies 2 pack .60 Home-baked Chocolate Chip Cookies .50 Dessert Cookie, 2/.25 Saltine Crackers .015 Graham Crackers .15 Animal Crackers .25 Goldfish, Dolphin Crackers, Bug Bites, Kidzels .40 Pretzel Rod .10 Gourmet Smart Puffs .80 Uncle Wally's Snack'n Write Cupcake .70 Tossed Salad (10 oz. Bowl)-Shredded Lettuce, Carrots & Cucumbers w/Dressing Choice .65 <b><u>WE DO NOT SERVE FRIED FOODS OR PORK PRODUCTS!!!!</u></b> <b><u>Choose Sensibly!</u></b> When it comes to snack, choose the ones with 7 grams or less of fat, 2 grams or less of Sat. Fat, 360 mg. or less of Sodium, and 15 grams or less of sugar. <b>♥denotes Turkey Product</b>
5/ No School Spring Recess  	6/ No School Spring Recess 	7/ Pizza Slice Green Bean Salad Fruit Dessert Choice of Chilled Milk 	8/ Honey BBQ Chicken Nuggets French Bread & Butter Golden Corn Fruit Dessert Choice of Chilled Milk 	9/ Brunch for Lunch Cheese Omelet French Toast Hash Brown Potato 100 % Orange Juice Choice of Chilled Milk   	
12/ Hamburger on a Bun Oven Potatoes Choice of Fruit Choice of Chilled Milk  	13/ Chicken Nuggets Seasoned Rice Diced Carrots Fresh Fruit Choice of Chilled Milk  	14/ Personal Pizza Garden Salad Choice of Dressing 100% Fruit Juice Choice of Chilled Milk  	15/ Popcorn Chicken Pasta with Greens Fruit Dessert Choice of Chilled Milk 	16/ Philly Cheese Steak Hero Mixed Vegetables Fruit Dessert Choice of Chilled Milk  	
19/ Meatloaf with Gravy Mashed Potatoes French Bread & Butter Fruit Dessert Choice of Chilled Milk  	20/ Deli Hero Potato Salad Blueberry Crisp w/Topping Choice of Chilled Milk  	21/ Pizza Slice Tossed Salad with Choice of Dressing 100% Fruit Juice Choice of Chilled Milk  	22/ Brunch for Lunch Frittata Omelet Cinnamon French Toast Smiling Face Potatoes Orange Slices Choice of Chilled Milk 	23/ Sliders with Cheese on a Bun Oven Potatoes Fruit Dessert Choice of Chilled Milk  	
26/ Rotini w/Tomato Sauce and Meatballs Mixed Vegetables Choice of Fruit Choice of Chilled Milk 	27/ Choice of Chicken Nuggets or Grilled Chicken Wrap Seasoned Rice w/Vegetables Fruit Dessert Choice of Chilled Milk 	28/ Pizza Slice Garden Greens w/Choice of Dressing 100% Fruit Juice Choice of Chilled Milk 	29/ Hamburger on a Bun Oven Potatoes Choice of Fruit Choice of Chilled Milk 	30/ Baked Macaroni with Cheese California Mixed Vegetables Fresh Fruit Choice of Chilled Milk Oatmeal Cookie  	

Visit our web site each month [www.elmontschools.org](http://www.elmontschools.org) to view our menu for the month.