



**ELMONT UNION FREE SCHOOL DISTRICT
DECEMBER 2011**



Appropriate condiments will be offered daily.

Menu subject to change without notice.

See reverse side for breakfast menu.

Monday	Tuesday	Wednesday	Thursday	Friday	Lunch Prices
<p>Fresh fruit available daily. Milk choices are 1% white, 1% Chocolate, 1% Strawberry, and Skim.</p>					
5/ Chicken Nuggets French Bread and Butter Golden Corn Applesauce Choice of Chilled Milk 	6/ Hamburger on Bun Potato Rounds Fresh Fruit Choice of Chilled Milk 	7/ 5" Crispy Crust Pizza Mixed Greens with Choice of Dressing 100% Fruit Juice Choice of Chilled Milk 	1/ Turkey & Cheese Hoagie Vegetable Soup Fruit Dessert Choice of Chilled Milk 	2/ Cheese Sliders on Buns Potato Smiles Sliced Pears Choice of Chilled Milk 	Student Lunch 1.75 Reduced Price Lunch .25 Student Price Breakfast .80 Student Reduced Price Breakfast .25 Adult Price Lunch (Tax Included) 3.50 Adult Price Breakfast (Tax Included) 2.20
12/ Chicken Fajitas Mexican Rice Pineapple Chunks Choice of Chilled Milk 	13/ Baked Macaroni with Cheese Mixed Vegetables Fresh Fruit Choice of Chilled Milk 	14/ Smart Pizza Wedge Tossed Salad w/Choice of Dressing 100% Fruit Juice Choice of Chilled Milk 	15/ Hot Dog on Bun Baked Beans Sauerkraut Mixed Fruit Cup Choice of Chilled Milk 	9/ Mozzarella Sticks Pasta and Sauce Peas Sliced Peaches Choice of Chilled Milk 	Student A La Carte Main Dish (SECOND ENTRÉE) Lunch .95 Main Dish (SECOND ENTRÉE) Breakfast .60 All Milk .55 Ice Cream .65 4 oz. yogurt .60 Sun chips, Baked Lays .40 4 oz. 100% Fruit Juice .30 8 oz. 100% Fruit Juice .60 Bottled Spring Water (16.9 oz.) .75 Bottled Spring Water (8 oz.) .65 Sonu Water 1.00 Linden Cookies 2 pack/Real Fruit Twists .75 Home-baked Chocolate Chip Cookies .50 Dessert Cookie, 2/.25 Saltine Crackers/Graham Crackers .15 Animal Crackers .40 Kidzels .50 Goldfish/Dolphin Crackers/Bug Bites .50 Pretzel Rod .10 Tossed Salad (10 oz. Bowl)-Shredded Lettuce, Carrots & Cucumbers w/Dressing Choice .75
19/ Chicken Sticks Mixed Vegetables French Bread & Butter Peaches Choice of Chilled Milk 	20/ Meatballs w/Gravy Pasta with Butter Steamed Carrots Cherry Jubilee Choice of Chilled Milk 	21/ Pizza Slice Mixed Bean Salad 100% Fruit Juice Choice of Chilled Milk 	22/ Honey BBQ Chicken Seasoned Rice Golden Corn Fruit Cup Choice of Chilled Milk 	16/ Holiday Meal Roasted Chicken w/Gravy Sweet Potatoes w/Apples Stove Top Stuffing Fruit Dessert Choice of Chilled Milk Holiday Treat 	23/ Brunch for Lunch Cheese Omelet French Toast Sticks Hash Brown Potatoes Orange Slices Choice of Chilled Milk
<p>Available daily as a substitute for Main Dish—Peanut Butter and Jelly, ♥Cold Cut Sandwich, and American Cheese Sandwich. Child may request Peanut Butter without Jelly.</p>					<p><u>WE DO NOT SERVE FRIED FOODS OR PORK PRODUCTS!!!!</u></p> <p><u>Choose Sensibly!</u></p> <p>When it comes to snack, choose the ones with 7 grams or less of fat, 2 grams or less of Sat. Fat, 360 mg. or less of Sodium, and 15 grams or less of sugar.</p> <p>♥denotes Turkey Product</p>

Visit our web site each month www.elmontschools.org to view our menu for the month.