



# ELMONT UNION FREE SCHOOL DISTRICT



















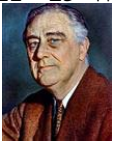








## FEBRUARY 2011



Appropriate condiments will be offered daily.

Menu subject to change without notice.

See reverse side for breakfast menu.

Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>Year of the Hare</b></p> 	<p>1/ <b>Brunch for Lunch</b> Colby Cheese Omelet French Toast Sticks Oven Potatoes Orange Slices Choice of Chilled Milk</p> 	<p>2/ <b>Half Day Breakfast Served No Lunch</b></p> 	<p>3/ Pizza Slice Garden Greens with Choice of Dressing 100% Fruit Juice or Applesauce Choice of Chilled Milk</p> 	<p>4/ <b>Celebrate Chinese New Year</b> Chicken Teriyaki Vegetable Brown Rice Fortune Cookie Pineapple Cup Choice of Chilled Milk</p> 	<p><b>Lunch Prices</b></p>  <p>Student Lunch 1.25 Reduced Price Lunch .25 Student Price Breakfast .80 Student Reduced Price Breakfast .25 Adult Price Lunch (Tax Included) 3.22 Adult Price Breakfast (Tax Included) 2.01</p> <p><b>Student A La Carte</b></p> <p>Main Dish (SECOND ENTRÉE) Lunch .95 Main Dish (SECOND ENTRÉE) Breakfast .60 All Milk .55 Ice Cream .65 4 oz. yogurt .60 Sun chips, Baked Lays .40 4 oz. 100% Fruit Juice .30 8 oz. 100% Fruit Juice .60 Bottled Spring Water (16.9 oz.) .75 Bottled Spring Water (8 oz.) .65 SoNu Water (12 oz. Organic) 1.00 Linden Cookies 2 pack .75 Home-baked Chocolate Chip Cookies .50 Dessert Cookie, 2/.25 Saltine Crackers/Graham Crackers .15 Animal Crackers .40 Kidzels .50 Goldfish/Dolphin Crackers .50 Pretzel Rod .10 Tossed Salad (10 oz. Bowl)-Shredded Lettuce, Carrots &amp; Cucumbers w/Dressing Choice .65</p> <p><b>WE DO NOT SERVE FRIED FOODS OR PORK PRODUCTS!!!!</b></p> <p><b>Choose Sensibly!</b></p> <p>When it comes to snack, choose the ones with 7 grams or less of fat, 2 grams or less of Sat. Fat, 360 mg. or less of Sodium, and 15 grams or less of sugar.</p> <p>♥denotes Turkey Product</p>
<p>7/Cheese Baked Macaroni Seasoned Green Peas Choice of Peaches or Pears Choice of Chilled Milk Pretzel Rod</p> 	<p>8/ Hamburger or Cheeseburger on Bun Oven Fries Fruit Mix Choice of Chilled Milk</p>  	<p>9/ Pizza Wedge Tossed Salad with Choice of Dressing 100% Fruit Juice or Applesauce Choice of Chilled Milk</p> 	<p>10/Popcorn Chicken Seasoned Rice Golden Corn Pineapple Cup Choice of Chilled Milk</p>  	<p>11/ Philly Steak with Gravy Mashed Potatoes Buttermilk Biscuit Cherry Crisp with Topping Choice of Chilled Milk</p> 	
<p>14/ <b>Soup of the Day</b> Rainbow Grilled Cheese Sandwich on w/w Bread Seasoned Carrot Coins Valetine Treat – Shape Up Swirled Heart Choice of Chilled Milk</p>	<p>15/ Chicken Sticks Seasoned Rice Mixed Vegetables Fruit Jell-o w/Topping Choice of Chilled Milk</p> 	<p>16/ Pizza Slice Garden Salad with Choice of Dressing 100% Fruit Juice or Applesauce Choice of Chilled Milk</p> 	<p>17/ All Beef Taco Salad with Shredded Lettuce, Tomatoes, Cheese Cup Tortilla Chips Pear Cup Choice of Chilled Milk</p> 	<p>18/ <b>Brunch for Lunch</b> Cheese Omelet Buttermilk Biscuit Hash Brown Potato Orange Slices Choice of Chilled Milk</p> 	
<p><b>21 – 25 Winter Recess No School</b></p>         					
<p>28/ Pasta w/Tomato Sauce and Mozzarella Sticks Mixed Vegetables Fruit Mix Choice of Chilled Milk</p>	<p>Available daily as a substitute for Main Dish—Peanut Butter and Jelly, ♥Cold Cut Sandwich, and American Cheese Sandwich. Child may request Peanut Butter without Jelly.</p> <p style="text-align: center;">Milk choices are 1% white, 1% Chocolate, 1% Strawberry, and Skim.</p>				

Visit our web site each month [www.elmontschools.org](http://www.elmontschools.org) to view our menu for the month.

