



ELMONT UNION FREE SCHOOL DISTRICT

FEBRUARY 2012



Appropriate condiments will be offered daily.

Menu subject to change without notice.

See reverse side for breakfast menu.

Monday	Tuesday	Wednesday	Thursday	Friday	Lunch Prices
Available daily as a substitute for Main Dish— Peanut Butter and Jelly, ♥Cold Cut Sandwich, and American Cheese Sandwich. Child may request Peanut Butter without Jelly.		1/ Pizza Slice Green Bean Salad 100% Fruit Juice Choice of Chilled Milk 	2/ Soppo Joe on Bun Golden Corn Fruit Cup Dessert Choice of Chilled Milk 	3/ Half Day No Lunch ----- Breakfast Served	Student Lunch 1.75 Reduced Price Lunch .25 Student Price Breakfast .80 Student Reduced Price Breakfast .25 Adult Price Lunch (Tax Included) 3.50 Adult Price Breakfast (Tax Included) 2.20
6/ Hamburger or Cheeseburger on a Bun Oven Potatoes Sliced Pears Choice of Chilled Milk 	7/ Turkey and Cheese on a Roll Homemade Minestrone Soup Choice of Fruit Choice of Chilled Milk 	8/ Smart Pizza Wedge Garden Salad with Choice of Dressing 100% Fruit Juice Choice of Chilled Milk 	9/ Chicken Sticks Mixed Vegetables Seasoned Rice Fresh Fruit Choice of Chilled Milk 	10/ Meatball Hero Seasoned Green Beans Choice of Fruit Choice of Chilled Milk 	Student A La Carte Main Dish (SECOND ENTRÉE) Lunch .95 Main Dish (SECOND ENTRÉE) Breakfast .60 All Milk .55 Ice Cream .65 4 oz. yogurt .60 Sun chips, Baked Lays .40 4 oz. 100% Fruit Juice .30 8 oz. 100% Fruit Juice .60 Bottled Spring Water (16.9 oz.) .75 Bottled Spring Water (8 oz.) .65 Sonu Water 1.00 Linden Cookies 2 pack/Real Fruit Twists .75 Home-baked Chocolate Chip Cookies .50 Dessert Cookie, 2/.25 Saltine Crackers/Graham Crackers .15 Animal Crackers .40 Kidzels .50 Goldfish/Dolphin Crackers/Bug Bites .50 Pretzel Rod .10 Tossed Salad (10 oz. Bowl)-Shredded Lettuce, Carrots & Cucumbers w/Dressing Choice .75
13/ Mega Noodle Soup with Vegetables Rainbow Grilled Cheese on Whole Wheat Bread Sliced Peaches Choice of Chilled Milk 	14/ Chicken Nuggets with Dip Oven Potatoes Red Jello with Fruit Valentine's Day Treat Choice of Chilled Milk 	15/ 5" Crispy Pizza Mixed Greens with Choice of Dressing 100% Fruit Juice Choice of Chilled Milk 	16/ Meatballs with Brown Gravy Vegetable Brown Rice Fresh Fruit Choice of Chilled Milk 	17/ Brunch for Lunch Cheese Omelet with French Toast Sticks Tator Tots Orange Slices Choice of Chilled Milk 	
20 – 24 Winter Recess - Schools are Closed					
27/ All Beef Hot Dog on a Bun Sauerkraut Oven Baked Beans Choice of Fruit Choice of Chilled Milk 	28/ Popcorn Chicken Carrot Coins French Bread & Butter Applesauce Choice of Chilled Milk 	29/ Pizza Slice Three Bean Salad 100 Fruit Juice Choice of Chilled Milk 	Fresh fruit available daily. Milk choices are 1% white, 1% Chocolate, 1% Strawberry, and Skim. <div style="text-align: center;"> </div>		
					<u>WE DO NOT SERVE FRIED FOODS OR PORK PRODUCTS!!!!</u> <u>Choose Sensibly!</u> When it comes to snack, choose the ones with 7 grams or less of fat, 2 grams or less of Sat. Fat, 360 mg. or less of Sodium, and 15 grams or less of sugar. ♥denotes Turkey Product

Visit our web site each month www.elmontschools.org to view our menu for the month.