



# ELMONT UNION FREE SCHOOL DISTRICT

## JUNE 2010



**Appropriate condiments will be offered daily.**

**Menu subject to change without notice.**

**See reverse side for breakfast menu.**

Monday	Tuesday	Wednesday	Thursday	Friday	Lunch Prices
	1/ Philly Cheese Steak Hero Mixed Vegetables Fruit Dessert Choice of Chilled Milk 	2/ Cheese Pizza Garden Salad with Choice of Dressing 100% Fruit Juice Choice of Chilled Milk 	3/ Cheeseburger on a Bun Oven Potatoes Choice of Fruit Choice of Chilled Milk 	4/ Popcorn Chicken Seasoned Carrots French Bread & Butter or Seasoned Rice Cherry Crisp Choice of Chilled Milk 	Student Lunch 1.25 Reduced Price Lunch .25 Student Price Breakfast .80 Student Reduced Price Breakfast .25 Adult Price Lunch (Tax Included) 3.22 Adult Price Breakfast (Tax Included) 2.01
7/ Meatball Hero with Tomato Sauce Mixed Vegetables Fruit Dessert Choice of Chilled Milk 	8/ Chicken Nuggets Vegetables French Bread & Butter Watermelon Slice Choice of Chilled Milk 	9/ Pizza Slice Garden Salad with Choice of Dressing 100% Fruit Juice Choice of Chilled Milk 	10/ Popcorn Chicken Pasta with Greens Fruit Dessert Choice of Chilled Milk 	11/ Hamburger on Bun Oven Potatoes Choice of Fruit Choice of Chilled Milk 	<b>Student A La Carte</b> Main Dish (SECOND ENTRÉE) Lunch .95 Main Dish (SECOND ENTRÉE) Breakfast .60 All Milk .55 Ice Cream .60 4 oz. yogurt .60 Sun chips, Baked Lays .40 4 oz. 100% Fruit Juice .30 8 oz. 100% Fruit Juice .60 Bottled Spring Water (16.9 oz.) .50 Linden Cookies 2 pack .60 Home-baked Chocolate Chip Cookies .50 Dessert Cookie, 2/.25 Saltine Crackers .015 Graham Crackers .15 Animal Crackers .25 Goldfish, Dolphin Crackers, Bug Bites, Kidzels .40 Pretzel Rod .10 Gourmet Smart Puffs .80 Uncle Wally's Snack'n Write Cupcake .70 Tossed Salad (10 oz. Bowl)-Shredded Lettuce, Carrots & Cucumbers w/Dressing Choice .65
14/ Meatloaf w/Gravy Mashed Potatoes French Bread & Butter Cherry Jubilee Choice of Chilled Milk 	15/ Choice of Chicken Nuggets or Popcorn Chicken French Bread & Butter Vegetable of the Day Choice of Fruit Choice of Chilled Milk 	16/ Pizza Slice Green Bean Salad 100% Fruit Juice Choice of Chilled Milk 	17/ Turkey Wrap Macaroni Salad Fresh Peach Choice of Chilled Milk 	18/ Hamburger on Bun Oven Potatoes Fruit Dessert Choice of Chilled Milk 	
21/ Cook's Choice Vegetable Variety Bread & Butter Fruit Dessert Choice of Chilled Milk 	22/ Cook's Choice Bread & Butter Vegetable of the Day Choice of Fruit Choice of Chilled Milk 	23/ Cook's Choice Vegetable of the Day Fruit Dessert Choice of Chilled Milk 	24/ Half Day  <b>No Lunch            Breakfast will be            Served</b>	24/ Half Day  <b>No Lunch            Breakfast will be            Served</b>	

Available daily as a substitute for Main Dish—Peanut Butter and Jelly, ♥ Cold Cut Sandwich, and American Cheese Sandwich. Child may request Peanut Butter without Jelly.  
 Fresh fruit available daily.  
 Milk choices are 1% white, 1% Chocolate, 1% Strawberry, and Skim.

**ENJOY YOUR SUMMER VACATION.**



Visit our web site each month [www.elmontschools.org](http://www.elmontschools.org) to view our menu for the month.

**CONGRATULATIONS TO ALL OUR GRADUATES.**

**WE DO NOT SERVE FRIED FOODS  
 OR PORK PRODUCTS!!!!**

**Choose Sensibly!**

When it comes to snack, choose the ones with 7 grams or less of fat, 2 grams or less of Sat. Fat, 360 mg. or less of Sodium, and 15 grams or less of sugar.

♥denotes Turkey Product

