










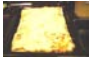















ELMONT UNION FREE SCHOOL DISTRICT JANUARY 2012



Appropriate condiments will be offered daily.

Menu subject to change without notice.

See reverse side for breakfast menu.

Monday	Tuesday	Wednesday	Thursday	Friday	Lunch Prices
	3/ Rainbow Grilled Cheese on ww Soup of the Day Mixed Vegetables  Grilled Cheese Sandwich Fruit Dessert Choice of Chilled Milk	4/ 5" Crispy Crust Pizza Green Bean Salad 100% Fruit Juice  Choice of Chilled Milk	5/ Hamburger on a Bun Oven Potatoes  Fresh Fruit Choice of Chilled Milk	6/ Turkey & Cheese on a Hero Mixed Greens with Dressing Sliced Pears Chilled Milk	 Student Lunch 1.75 Reduced Price Lunch .25 Student Price Breakfast .80 Student Reduced Price Breakfast .25 Adult Price Lunch (Tax Included) 3.50 Adult Price Breakfast (Tax Included) 2.20 Student A La Carte
9/ Popcorn Chicken Carrot Coins French Bread & Butter Applesauce Choice of Chilled Milk 	10/ Baked Macaroni and Cheese Mixed Vegetables Choice of Fruit Choice of Chilled Milk 	11/ Pizza Slice Tossed Salad with Dressing 100% Fruit Juice  Choice of Chilled Milk	12/ Taco Salad with Tortilla Chips Shredded Lettuce, Tomato & Cheese Cup Fresh Fruit Choice of Chilled Milk 	13/ Brunch for Lunch Grilled Egg Pattie w/Cheese on a Biscuit Tater Tots 100% Fruit Juice Choice of Chilled Milk 	Main Dish (SECOND ENTRÉE) Lunch .95 Main Dish (SECOND ENTRÉE) Breakfast .60 All Milk .55 Ice Cream .65 4 oz. yogurt .60 Sun chips, Baked Lays .40 4 oz. 100% Fruit Juice .30 8 oz. 100% Fruit Juice .60 Bottled Spring Water (16.9 oz.) .75 Bottled Spring Water (8 oz.) .65 Sonu Water 1.00 Linden Cookies 2 pack/Real Fruit Twists .75 Home-baked Chocolate Chip Cookies .50 Dessert Cookie, 2/.25 Saltine Crackers/Graham Crackers .15 Animal Crackers .40 Kidzels .50 Goldfish/Dolphin Crackers/Bug Bites .50 Pretzel Rod .10 Tossed Salad (10 oz. Bowl)-Shredded Lettuce, Carrots & Cucumbers w/Dressing Choice .75
16/ Martin Luther King, Jr. Day Schools Closed 	17/ All Beef Hot Dog on a Bun Oven Baked Beans Choice of Fruit Choice of Chilled Milk 	18/Smart Pizza Wedge Three Bean Salad 100% Fruit Juice Choice of Chilled Milk 	19/Chicken Nuggets California Mixed Vegetables Fresh Fruit Choice of Chilled Milk 	20/ Mozzarella Sticks Spaghetti with Tomato Sauce Sweet Garden Peas Pear Cup Choice of Chilled Milk	
23/ Chinese New Year Chicken Teriyaki Vegetable Brown Rice Fortune Cookie Mixed Fruit Cup Choice of Chilled Milk 	24/Hamburger on Bun Oven Potatoes Cherry Crisp Choice of Chilled Milk 	25/ Pizza Bagel Garden Salad with Choice of Dressing 100% Fruit Juice Choice of Chilled Milk 	26/ Upside Down Day Choice of Chilled Milk Orange Slices Hash Brown French Toast Sticks Cheese Omelet 	27/ Chicken Fajita Wrap Carrot Coins Pineapple Chunks Choice of Chilled Milk 	
30/ Chicken Sticks Seasoned Rice Mixed Vegetables Choice of Fruit Choice of Chilled Milk 	31/ Sliders w/Cheese On Buns Potato Smiles Diced Peaches Choice of Chilled Milk   	Available daily as a substitute for Main Dish—Peanut Butter and Jelly, ♥Cold Cut Sandwich, and American Cheese Sandwich. Child may request Peanut Butter without Jelly. Fresh fruit available daily. Milk choices are 1% white, 1% Chocolate, 1% Strawberry, and Skim.			<u>WE DO NOT SERVE FRIED FOODS OR PORK PRODUCTS!!!!</u> <u>Choose Sensibly!</u> When it comes to snack, choose the ones with 7 grams or less of fat, 2 grams or less of Sat. Fat, 360 mg. or less of Sodium, and 15 grams or less of sugar. ♥denotes Turkey Product

Visit our web site each month www.elmontschools.org to view our menu for the month.

