

Last day checks will be accepted is Friday, May 14<sup>th</sup>.

**ELMONT UNION FREE SCHOOL DISTRICT**  
**MAY 2010**

















































**CASH or MONEY ORDER ONLY** after May 14<sup>th</sup>. No checks will be accepted after this date.

**Appropriate condiments will be offered daily.**

**Menu subject to change without notice.**

**See reverse side for breakfast menu.**

Monday	Tuesday	Wednesday	Thursday	Friday	Lunch Prices
3/ Meatball Hero with Tomato Sauce Seasoned Green Beans Fruit Dessert Choice of Chilled Milk  	4/ Cheese Pizza Garden Salad with Choice of Dressing 100% Fruit Juice Choice of Chilled Milk  	5/ All Beef Taco Salad Tortilla Chips Spanish Rice Lettuce, Tomato, & Cheese Cup Fruit Dessert Choice of Chilled Milk 	6/ Popcorn Chicken Pasta with Greens Fruit Dessert Choice of Chilled Milk  	7/ <b>Brunch for Lunch</b> Cheese Omelet French Toast Hash Brown Potatoes Orange Slices Choice of Chilled Milk     	Student Lunch 1.25 Reduced Price Lunch .25 Student Price Breakfast .80 Student Reduced Price Breakfast .25 Adult Price Lunch (Tax Included) 3.22 Adult Price Breakfast (Tax Included) 2.01 
10/ Meatloaf w/Gravy Mashed Potatoes French Bread & Butter Choice of Fruit Choice of Chilled Milk  	11/ Pasta with Tomato Sauce Mozzarella Sticks Mixed Vegetables Fruit Dessert Choice of Chilled Milk  	12/ Pizza Slice Tossed Salad with Choice of Dressing 100% Fruit Juice Choice of Chilled Milk 	13/ Sliders with Cheese on Buns Oven Potatoes Choice of Fruit Choice of Chilled Milk   	14/ Honey BBQ Chicken Nuggets Seasoned Rice Diced Carrots Fruit Dessert Choice of Chilled Milk  	Main Dish (SECOND ENTRÉE) Lunch .95 Main Dish (SECOND ENTRÉE) Breakfast .60 All Milk .55 Ice Cream .60 4 oz. yogurt .60 Sun chips, Baked Lays .40 4 oz. 100% Fruit Juice .30 8 oz. 100% Fruit Juice .60 
17/ Jamaican Beef Pattie Vegetarian Beans Fruit Dessert Choice of Chilled Milk  	18/ Chicken Pattie on a Bun Three Bean Salad Cherry Jubilee Choice of Chilled Milk  	19/ Pizza Slice Salad with Shredded Carrots Choice of Dressing 100% Fruit Juice Choice of Chilled Milk 	20/ Hamburger on a Bun Oven Potatoes Choice of Fruit Choice of Chilled Milk  	21/ Chicken Nuggets Golden Corn French Bread & Butter Choice of Fruit Choice of Chilled Milk  	Bottled Spring Water (16.9 oz.) .50 Linden Cookies 2 pack .60 Home-baked Chocolate Chip Cookies .50 Dessert Cookie, 2/.25 Saltine Crackers .015 Graham Crackers .15 Animal Crackers .25 Goldfish, Dolphin Crackers, Bug Bites, Kidzels .40 Pretzel Rod .10 Gourmet Smart Puffs .80 Uncle Wally's Snack'n Write Cupcake .70 Tossed Salad (10 oz. Bowl)-Shredded Lettuce, Carrots & Cucumbers w/Dressing Choice .65 
24/ Hamburger on a Bun Oven Potatoes Fruit Dessert Choice of Chilled Milk  	25/ <b>Brunch for Lunch</b> Orange Juice Cheese Omelet Buttermilk Biscuit Oven Potatoes Choice of Chilled Milk  	26/ Chesse Pizza Slice Garden Salad with Choice of Dressing 100% Fruit Juice Choice of Chilled Milk  	27/ Chicken Nuggets Diced Carrots Seasoned Rice Cherry Jubilee Choice of Chilled Milk  	28/ Macaroni with Cheese Mixed Vegetables Fresh Fruit Choice of Chilled Milk Oatmeal Cookie  	<b>WE DO NOT SERVE FRIED FOODS OR PORK PRODUCTS!!!!</b> <b>Choose Sensibly!</b> When it comes to snack, choose the ones with 7 grams or less of fat, 2 grams or less of Sat. Fat, 360 mg. or less of Sodium, and 15 grams or less of sugar. <b>♥denotes Turkey Product</b>
31/ <b>MEMORIAL DAY NO SCHOOL</b> 					Available daily as a substitute for Main Dish—Peanut Butter and Jelly, ♥Cold Cut Sandwich, and American Cheese Sandwich. Child may request Peanut Butter without Jelly. Fresh fruit available daily. Milk choices are 1% white, 1% Chocolate, 1% Strawberry, and Skim. 

Visit our web site each month [www.elmontschools.org](http://www.elmontschools.org) to view our menu for the month.

No Checks after May 14<sup>th</sup>. CASH or MONEY ORDER ONLY after this date.

