



ELMONT UNION FREE SCHOOL DISTRICT NOVEMBER 2011



Appropriate condiments will be offered daily.

Menu subject to change without notice.

See reverse side for breakfast menu.

Monday	Tuesday	Wednesday	Thursday	Friday	Lunch Prices
Half Day Dismissal AT – 10:50a.m. CHC – 11:30a.m. CA – 11:40a.m. DB – 11:10a.m. GA – 10:50a.m. SM – 11:40a.m.	1/Hamburger on a Bun Oven Potato Rounds Choice of Fruit  Choice of Chilled Milk	2/ Pizza Slice Garden Greens with Choice of Dressing  100% Fruit Juice Choice of Chilled Milk	3/ Turkey & Cheese Hero Chicken Noodle Soup w/Vegetables Fruit Dessert Choice of Chilled Milk	4/ Honey BBQ Chicken Seasoned Rice Golden Corn Fruit Cup Choice of Chilled Milk	 Student Lunch 1.75 Reduced Price Lunch .25 Student Price Breakfast .80 Student Reduced Price Breakfast .25 Adult Price Lunch (Tax Included) 3.50 Adult Price Breakfast (Tax Included) 2.20
7/ Popcorn Chicken  Seasoned Rice Carrot Coins Fruit Cup Choice of Chilled Milk	8/ ELECTION DAY NO SCHOOL 	9/ 5" Crispy Crust Pizza Health Salad with Choice of Dressing  100% Fruit Juice Choice of Chilled Milk	10/ Half Day of School No Lunch Breakfast Served See dismissal time On MONDAY	11/ Veterans' Day No School 	Student A La Carte Main Dish (SECOND ENTRÉE) Lunch .95 Main Dish (SECOND ENTRÉE) Breakfast .60 All Milk .55 Ice Cream .65 4 oz. yogurt .60 Sun chips, Baked Lays .40 4 oz. 100% Fruit Juice .30  8 oz. 100% Fruit Juice .60 Bottled Spring Water (16.9 oz.) .75 Bottled Spring Water (8 oz.) .65 Sonu Water 1.00 Linden Cookies 2 pack/Real Fruit Twists .75 Home-baked Chocolate Chip Cookies .50 Dessert Cookie, 2/.25 Saltine Crackers/Graham Crackers .15 Animal Crackers .40 Kidzels .50 Goldfish/Dolphin Crackers/Bug Bites .50 Pretzel Rod .10 Tossed Salad (10 oz. Bowl)-Shredded Lettuce, Carrots & Cucumbers w/Dressing Choice .75
14/ Chicken Pattie on Bun California Mixed Vegetables  Pineapple Cup Choice of Chilled Milk	15/ Cheese Sliders on Buns  Oven Potatoes  Fresh Apple Choice of Chilled Milk	16/ Smart Pizza Wedge Mixed Greens w/Choice of Dressing  100% Fruit Juice Choice of Chilled Milk	17/ Holiday Meal Turkey with Gravy Stove Top Stuffing Mixed Vegetables Choice of Chilled Milk Holiday Treat	18/ All Beef Hot Dog on a Bun  Sauerkraut Oven Baked Beans  Choice of Fruit Choice of Chilled Milk	4 oz. 100% Fruit Juice .30 Bottled Spring Water (16.9 oz.) .75 Bottled Spring Water (8 oz.) .65 Sonu Water 1.00 Linden Cookies 2 pack/Real Fruit Twists .75 Home-baked Chocolate Chip Cookies .50 Dessert Cookie, 2/.25
21/ Chicken Sticks Mixed Vegetables French Bread & Butter Fruit Dessert  Choice of Chilled Milk	22/ Meatball Hero with Tomato Sauce Seasoned Green Beans Applesauce Choice of Chilled Milk	23/ Pizza Slice Three Bean Salad 100% Fruit Juice  Choice of Chilled Milk	24/ NO SCHOOL 	25/ NO SCHOOL 	Tossed Salad (10 oz. Bowl)-Shredded Lettuce, Carrots & Cucumbers w/Dressing Choice .75
28/ Brunch for Lunch Cheese Omelet on Football Roll Hash Brown Potatoes Orange Juice Choice of Chilled Milk 	29/ Chicken Nuggets Seasoned Rice with Broccoli Florets  Sliced Pears Choice of Chilled Milk	30/ Pizza Bagel Garden Greens with Choice of Dressing  100% Fruit Juice Choice of Chilled Milk	Available daily as a substitute for Main Dish—Peanut Butter and Jelly, ♥Cold Cut Sandwich, and American Cheese Sandwich. Child may request Peanut Butter without Jelly. Fresh fruit available daily. Milk choices are 1% white, 1% Chocolate, 1% Strawberry, and Skim.		WE DO NOT SERVE FRIED FOODS OR PORK PRODUCTS!!!! Choose Sensibly! When it comes to snack, choose the ones with 7 grams or less of fat, 2 grams or less of Sat. Fat, 360 mg. or less of Sodium, and 15 grams or less of sugar.



Visit our web site each month www.elmontschools.org to view our menu for the month.